

Gillespie Primary School



Curriculum Intent, Implementation & Impact PE

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Physical Education

Intent

At Gillespie Primary School, physical education and leading a healthy and active life are an integral part of our school life. We are very aware of the affect the pandemic has had both physically and mentally on the children and with this in mind, our PE curriculum is inclusive and nurtures the physical and mental skills of the children. We nurture a growth mind-set from EYFS through to KS2 and this builds the children's resilience so when it comes to the more competitive side of sport, they have the tools to keep their heads up in any situation. We promote fair play, teamwork and having a positive attitude.

At Gillespie, children develop the knowledge, skills and competence to excel in a broad range of sports. We follow the national curriculum for physical education to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Swimming is a life skill and we aim for all children, by the end of year 6, to be able to swim at least 25 metres and perform a rescue.

Sport and PE should engage children and want them to achieve to the best of their ability. This transferrable skill can have a positive outcome in the classroom. Our aim at Gillespie is to give children a love of PE, competitive sport and understand the importance of leading a healthy lifestyle.

Implementation

At Gillespie, children receive 2 hours of high quality PE per week. These are taught in two separate sessions and focus on two different areas. For example one session of dance and one session of invasion games.

As well as their two PE sessions a week, each year group also get coached football at lunchtimes for 45 minutes a week. Islington Football Development who we have worked with for 5 years delivers this.

Teachers follow the yearly overview, which ensures all children participate in a variety of sports and activities throughout the year.

We focus on developing the skills of the children and use the Get Set for PE scheme of work www.getset4pe.co.uk This scheme has a natural progression for skills. For example, invasion games would develop in the following way. Y1 children play in playground games to develop skills of tactical decision-making; Y2 begin to look at sending and receiving. Year 3/4 cover units of work based around throwing and catching games (netball, basketball, handball, tag rugby) then Y5/6 are exposed to the traditional sports and competition skills can be put into practice at inter and intra school competitions.

The Get Set for PE scheme allows teachers to have the confidence to deliver all areas of the curriculum with clear learning objectives, outcomes and teaching points. The diagrams for how to set up drills and mini games are so helpful for teachers due to the limited space at Gillespie.

At Gillespie, we know the importance of fundamental movement and strengthening the children as their bodies grow and develop. It is for this reason that we have made gymnastics a key area and for the last 4 years (and throughout the pandemic) we have used calypso gymnastics to deliver a

term of gymnastics for all year groups, including EYFS. This not only benefits the children, but also is also crucial CPD for all teachers.

Funded by sports premium money we send 2-year groups a year swimming. We target years 5 & 6. This then gives us time in Y5 to identify those children who will need extra support in year 6 to achieve their 25 metres and talk to their parents/carers about the importance of developing this life skill outside of school time too.

Competitive sport is nurtured and celebrated at Gillespie and the children get to compete in many of the Islington inter school competitions. The sports leader ensures that children are given a range of sports to compete in and training is provided for these. We aim to give all children in KS2 the chance to represent the school in a sporting capacity.

Our SEND children get an extra weekly gymnastics session in the summer term where they work in much smaller groups to develop their skills. They also get to compete in inclusive competitions throughout the year.

To help the children be active for at least 30 minutes a day, KS1 and KS2 now have separate playtimes to allow for more space to run around and be active at break and lunchtimes. The playground also allows for a variety of activities like King Ball, hopscotch, the trim trail and climbing equipment, all helping towards being active for 30 minutes a day.

We offer a range of extra-curricular activities for the children to take part in. These are inclusive, enjoyable and increase children's physical activity. After School Clubs offer a rich programme of Physical activities to children from EYFS to Y6 and there is high take up. The current programme includes performing arts, street dance, basketball, gymnastics and boxing.

Impact

Children at Gillespie love PE. They look forward to the days that they have it and they do it with a smile on their face. They are well equipped with fundamental movements and able to use and apply these across a range of sports and disciplines.

With all the work done in PE and PSHE, the children are aware of the importance of leading a healthy and active lifestyle. They understand that growth mind-set is key to maintaining a resilient and positive outlook in PE.

All sporting achievement is celebrated at Gillespie, usually in a whole school assembly, which keeps the profile of PE and sport high.

The school achieves well in a number of sporting activities and achieved the School Games Commitment Award in 2019/2020 for recognition for the autumn and spring term before the pandemic hit. Michael Peet from Islington Borough PESSPA said

"Gillespie have been involved with a range of opportunities and competitions with us, entering teams across 6 different sports, probably many more in school and engaging a lot of children in sport, physical activity and competition, and for a one form entry school, they've had some great success this year too! Well done."

The level of skill that the children can demonstrate in gymnastics is a true credit to the impact of having a skilled and focused British gymnastics coach teaching them. Children in upper key stage 2 have benefitted from this since reception and their focus and discipline in the warm up alone is a testament to their hard work over the years. Even during 2020/2021 when there were no borough competitions, we held a gymnastics competition in school, which was judged by professional coaches. All classes loved learning the routines for the different disciplines and enjoyed performing them.

The level of enjoyment and the achievements of the children is the key evidence of the impact that PE has at Gillespie.