

GILLESPIE PRIMARY SCHOOL

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Date: 27th April 2021

Dear Parents/Carers,

We have been advised that there has been a confirmed case of COVID-19 within the school.

Appropriate measures have been taken, we are continuing to monitor the situation and are following government guidance. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school remains open and providing your child remains well they can continue to attend school as normal. We will keep this under review.

What to do if your child develops symptoms of COVID 19

- **If your child develops symptoms of COVID-19, they should get tested and must remain at home for at least 10 days from the date when their symptoms appeared. The first day of self-isolation is day 0, and the period of self-isolation lasts for the next 10 full days**
- All other household members who remain well must stay at home and not leave the house for 10 days. The first day of self-isolation is day 0, and the period of self-isolation lasts for the next 10 full days
- The 10-day period starts from the day when the first person in the house became ill.
- No one needs to get tested unless they have symptoms of COVID-19.
- **Household members should not go to work, school or public areas and exercise should be taken within the home.**
- Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community
- If you can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, your normal sense of taste or smell (anosmia)



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For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available on the NHS website: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

Mark Owen
Headteacher



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