



Friday 29th January 2021

Newsletter 308

www.gillespie.islington.sch.uk

HM Government
**STAY HOME
PROTECT
THE NHS
SAVE LIVES**
NHS

Dear Parents/Carers,

Children's Mental Health Week 1-7 February 2021

This year's theme is "express yourself"

Talking about mental health and expressing our feelings can be difficult at any age. Children's Mental Health Week helps children and young people to talk more openly about mental health, learn to better understand their emotions, break down stigma, and feel safe enough to reach out for help when it's needed. Watch this video explaining this year's theme: <https://youtu.be/e8d-Ae1XTf0>

Click the link to read the Anna Freud booklet 'You're never too young to talk about mental health'. This useful booklet has great tips for families to share with their children and get the conversation going as this topic is very important, particularly during the pandemic.

<https://www.annafreud.org/schools-and-colleges/resources/advice-for-parents-and-carers-talking-mental-health-with-young-people-at-primary-school/>

Friday 12th February – dressing up day!

To celebrate Children's Mental Health Week and the end of the first half term we are inviting children to 'express yourselves' during your live lessons on Friday 12th February by wearing something that makes you happy or feel good. This can be any form of fancy dress/pyjamas/favourite clothing.

Would you like to join Gillespie's Board of Governors?

You don't need any particular qualifications or experience – beyond a commitment to working with Mark and the rest of the board to make the school the best it can be for all our children, staff and families. Nominations are now open so if you'd like to know more about the role please do get in touch with Mark or with our Chair of Governors, Claire via governors@gillespie.islington.sch.uk and they'll be happy to answer any questions. If you want to put yourself forward as a candidate please send Mark and Claire a short paragraph outlining why you'd like to be a governor and what you might bring to the role, by Monday 8th February.

The importance of childhood immunisations

The uptake of immunisations in Islington has declined and with the flu season now upon us, together with the added challenge of Covid19, it is even more vital that parents and carers continue to get their children immunised.

Flu, (highly transmissible by children) and other infectious diseases, can have a far-reaching impact on the child, including complications, hospitalisation, or possible permanent disability, as well as increasing the risk of passing infections onto vulnerable family members.

You can see [NHS choices](#) for more information on immunisations.

Wishing you all a safe weekend,
Mark Owen
Headteacher

Year 2 Learning Design & Technology Projects



STEM: Make a Conveyor Belt

Introduction

One of the basic tools in material handling industry, belt conveyors are most commonly used in transportation of bulk materials (grain, salt, coal, ore, sand, etc.). Belt conveyor systems consist of two or more pulleys (a.k.a. drums). An endless loop of carrying medium—the conveyor belt—rotates about them..



Your Challenge!

Design and build a small conveyor belt to transport lego bricks from one area to another. Try and make your conveyor belt as long as possible and remember it needs to move!

What you'll need:

- Glue
- Paper
- Cardboard
- Pens

Things to think about

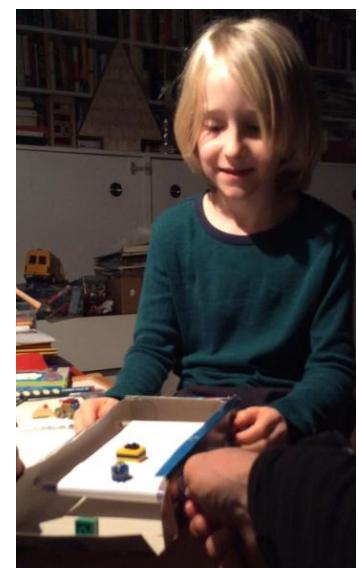
Reflection Questions

What should I do first?

Is something confusing me?

Where can I look for help?

How can I do it better?



Year 3 Learning

In year 3 we made the Amazon rainforest in a shoe box. To show a waterfall or the river some of the children used paint, tissue paper and even a wellington boot! To show the 4 layers in a rainforest, such as Emergent, Canopy, Understory and Forest floor, they created trees of different heights.

