

PSHE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Citizenship: roles and responsibilities at home and school	Fun, food and fitness: fun times	Keeping safe and well: looking after myself	Drug, alcohol and tobacco education: What goes into and onto bodies?	Mental health: good feelings / not so good feelings	Financial capability: money
Year 2	Fun, food and fitness: what keeps me healthy?	Keeping safe: at home and outside	Sex and relationship education: boys and girls, families		Mental health: working and playing together	Drug, alcohol and tobacco education: medicines and me
Year 3	Mental health: friendship	Keeping safe: What is bullying?	Mental health: dealing with feelings	Drug, alcohol and tobacco education: What is a drug?	Fun, food and fitness: edible and active	Financial capability: saving, spending and borrowing
Year 4	Fun, food and fitness: making healthy choices	Keeping safe: online /offline	Drug, alcohol and tobacco education: drugs common to everyday life	Citizenship: local2global (citizenship / history / geography project)	Sex and relationship education: growing up and changing	
Year 5	Fun, food and fitness: influences on fun, food and fitness (media)	Keeping safe: out and about	Financial capability: value for money?	Drug, alcohol and tobacco education: influences	Citizenship: democracy	Mental health: stereotypes, discrimination and prejudice (including tackling homophobia)
Year 6	Fun, food and fitness: making decisions for the future	Drug, alcohol and tobacco education: situations	SATS		Mental health: healthy minds	Sex and relationship education: healthy relationships / How is a baby made?
					Keeping safe: out and about	